



SABA ROCK DINNER MENU

APPETIZERS (LARGE ENOUGH TO SHARE!)

CONCH FRITTERS 14.95
Made with local BVI conch.

CRISPY CALAMARI 14.95
Thinly cut calamari hand breaded then deep fried

CURRY COCONUT MUSSELS 18.95
Succulent mussels steamed in a curry coconut broth

CRACKED CONCH TENDERS 18.95
BVI conch tenders lightly breaded and flash fried

DINNER ENTREES

ADD \$2.50

All entrees includes your choice of our great "All You Can Eat" salad bar or a Caesar salad served to your table. Accompanied with fresh garden vegetables and your choice of seasoned julienne fries or Caribbean style rice. Or with baked potato

CREW FAVORITES (YES, THEY COME WITH OUR FRESH SALAD BAR)

FISH AND CHIPS DINNER 24.95
Tender strips of Mahi Mahi deep-fried to a golden brown

GRILLED CHICKEN BREAST 24.95
Tender chicken breast lightly seasoned and grilled

CHEF'S SPECIAL

CARIBBEAN FRESH FISH STIR FRY 29.95
Fresh fish and vegetables stir fried island style (Comes with our salad bar or Caesar salad)

FROM THE SEA

BABY CONCH PASTA 35.95
Imported farm raised baby conch sautéed in a light herb sauce..

COMMODORE FRIED SEAFOOD PLATTER 35.95
Golden fried shrimp, baby conch, and Mahi.

AHI TUNA 37.95
Delicately seasoned and flash broiled

FRESH CRACKED CONCH 35.95
Tender pieces of fresh local BVI conch deep-fried

FISH OF THE DAY 39.95
Ask your server for the Chef's Catch of the Day

LOCAL YELLOW TAIL SNAPPER 39.95
A tasty local white fish fillet, prepared Island style

LOBSTER SEAFOOD PENNE 42.95
Lobster, conch, and shrimp medley in garlic cream sauce.

FROM THE LAND

TROPICAL BEEF STIR FRY 27.95
Beef and fresh vegetables stir fried in a tropical style sauce.

BBQ BABY BACK RIBS 35.95
Tender pork baby back ribs char-grilled with BBQ sauce



SABA ROCK

BRITISH VIRGIN ISLANDS

SIRLOIN STEAK 37.95
Fresh cut Choice beef Sirloin steak flame grilled

NEW YORK STRIP 42.95
Steak Char-broiled and topped with a peppercorn sauce

COMBINATION

ADMIRALS SKEWERS 35.95
Prime beef and fresh Swordfish brochettes

LITTLE PIRATE MENU (JUST FOR CHILDREN UNDER 10)

CHICKEN TENDERS 8.95
Tender strips of chicken breast lightly breaded and perfectly cooked

BUCCANEER BURGER GRILLED HAMBURGER WITH FRENCH FRIES 8.95
With cheese add \$1.00

PENNE PASTA 7.95
Deliciously simple. Pasta tossed with butter and Parmesan cheese

MACARONI AND CHEESE 8.95
Macaroni pasta with creamy cheese

GRILLED CHEESE SANDWICH JUST LIKE HOME. 8.95
Griddled American cheese sandwich

DESSERT MENU (ENOUGH TO SHARE!)

KEY LIME PIE 7.95
Light and zesty lime filling in a graham cracker crust and topped with whipped cream. A house specialty

HOT FUDGE BROWNIE SUNDAE 10.00
Warm freshly baked fudge brownie topped with vanilla ice cream, chocolate syrup, whipped cream, and nuts

CREAMY SCOOPS
Vanilla or Chocolate Ice Cream or Mango Sherbet

SINGLE SCOOP 5.00
EXTRA SCOOP 3.00